

WINTER MENU FOR WEEK 1 – 2023



TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	FUN DAY		ROAST DAY		
Main 1 (M1) or	Breaded Cod Fillet with Ketchup and Vinegar	Chilli, Chicken Curry, Tuna Mayo	Thick Pork Sausage with Yorkshire Pudding and Gravy	Beef Stew and Dumpling	Cheese and Tomato Panini
Main 2 (M2) (suitable for vegetarians) and	Sweet Potato Falafel Bites	Cheese, Coleslaw, Cottage Cheese	Quorn Sausage Pattie with Yorkshire Pudding and Gravy	Macaroni Cheese	Mini Quiche Selection
Carbohydrate	Oven Chips/Jacket Potatoes with optional Margarine Pat	50/50 Rice/Jacket Potatoes with optional Margarine Pat	Mashed Potatoes/Jacket Potatoes with optional Margarine Pat	Fresh Crusty Bread/Jacket Potatoes with optional Margarine Pat	Potato Wedges/Jacket Potatoes with optional Margarine Pat
	Also, unrestricted bread (without butter) is available to all on a daily basis.				
Veg/Salad	<i>All children to choose the vegetable OR salad, even if they say they don't like it. Having it on their plate is a good start!</i>				
Vegetable or	Garden Peas	Baked Beans	Diced Carrot and Swede	Broccoli and Sliced Cabbage	Mini Corn-on-the-Cob/Cucumber Sticks
Salad Bar (choose at least one)	FRESH SALAD BAR				
DESSERT	All children are encouraged to choose fruit as well as a pudding (or yoghurt).				
Fruit Bowl and	Sliced Peaches	Banana Half	Mini Melon	Pineapple Pieces	Raisins
Pudding	Oat & Raisin Cookie OR Fruit Yoghurt	Lemon Drizzle Cake OR Fruit Yoghurt	Eton Mess with Greek Yoghurt and Strawberries OR Fruit Yoghurt	Sticky Toffee Pudding with Custard OR Fruit Yoghurt	Carrot Cake OR Fruit Yoghurt
Drinks	Water/Fresh Orange or Apple Juice	Water/Milk	Water/Milk	Water/Milk	Water/Milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

Week's Commencing: 30/10/23, 20/11/23, 11/12/23, 15/1/24, 5/2/24, 4/3/24, 8/4/24, 29/4/24

WINTER MENU FOR WEEK 2 – 2023



TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	FUN DAY		ROAST DAY		
Main 1 (M1) or	Cheese & Tomato Pizza	Chicken and Pineapple Stir-fry	Roast Turkey with Yorkshire Pudding and Gravy	Pesto Pasta	BBQ Chicken Fillet
Main 2 (M2) (suitable for vegetarians) and	Breaded Halloumi Fries	Coated Quorn Southern Fried Wings & Waffles	Potato and Leek Gratin with Yorkshire Pudding and Gravy	Highland Vegetable Soup	BBQ Quorn Fillet
Carbohydrate	Oven Chips/Jacket Potatoes with optional Margarine Pat	Wholegrain Rice/Jacket Potatoes with optional Margarine Pat	Roast Potatoes/Jacket Potatoes with optional Margarine Pat	Sliced Ciabatta/Jacket Potatoes with optional Margarine Pat	Hash Brown/Jacket Potatoes with optional Margarine Pat
	Also, unrestricted bread (without butter) is available to all on a daily basis.				
Veg/Salad	<i>All children to choose the vegetable OR salad, even if they say they don't like it. Having it on their plate is a good start!</i>				
Vegetable or	Sweetcorn	Broccoli	Mixed Mini Vegetables	Sliced Carrots	Baked Beans
Salad Bar (choose at least one)	FRESH SALAD BAR				
DESSERT	All children are encouraged to choose fruit as well as a pudding (or yoghurt).				
Fruit Bowl and	Apple Half	Orange Wedges	Sultanas	Fresh Mixed Berries	Apricots
Pudding	Vanilla Ice-cream Roll OR Fruit Yoghurt	Chocolate Sponge with Chocolate Sauce OR Fruit Yoghurt	Mince Pie OR Fruit Yoghurt	Rhubarb Crumble with Custard OR Fruit Yoghurt	Assorted Biscuits OR Fruit Yoghurt
Drinks	Water/Fresh Orange or Apple Juice	Water/Milk	Water/Milk	Water/Milk	Water/Milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

Week's Commencing: 6/11/23, 27/11/23, 3/1/24, 22/1/24, 19/2/24, 11/3/24, 15/4/24

WINTER MENU FOR WEEK 3 – 2023



TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN COURSE	FUN DAY		ROAST DAY		
Main 1 (M1) Or	Baked Beans with Potato Crunchies and Grated Cheese	Cowboy Pie (Pork Sausage)	Shepherd's Pie with Yorkshire Pudding and Gravy	Chicken Korma with Naan Bread	Panko Salmon Strips
Main 2 (M2) (suitable for vegetarians) and	Scrambled Egg with Potato Crunchies	Cowboy Pie (Vegetable Sausage)	Quorn Pie with Cheesy Carrot and Swede Topping, Yorkshire Pudding and Gravy	Cheese and Tomato Puff with Potato Wedges	Three Bean Chilli
Carbohydrate	Whole meal Toast/Jacket potatoes with optional Margarine Pat	Petit Pain/ Jacket potatoes with optional Margarine Pat	Roast Sliced Potatoes/Jacket potatoes with optional Margarine Pat	Basmati Rice/Jacket potatoes with optional Margarine Pat	Chunky Chips/Jacket potatoes with optional Margarine Pat
	<i>Also, unrestricted bread (without butter) is available to all on a daily basis.</i>				
Veg/Salad	<i>All children to choose the vegetable OR salad, even if they say they don't like it. Having it on their plate is a good start!</i>				
Vegetable or	Baked Beans	Diced Carrots	Cauliflower or Green Beans	Broccoli	Peas and Sweetcorn
Salad Bar (choose at least one)	FRESH SALAD BAR				
DESSERT	All children are encouraged to choose fruit as well as a pudding (or yoghurt).				
Fruit Bowl and	Kiwi Wedges	Sliced Strawberries	Pineapple Pieces	Orange Wedges	Apple Half
Pudding	Vanilla Cake with Sprinkles OR Fruit Yoghurt	Cornflake Tart with Custard OR Fruit Yoghurt	Greek Yoghurt with Granola and Mandarins OR Fruit Yoghurt	Eves Pudding with Custard OR Fruit Yoghurt	Frozen Raspberry Ripple Mousse OR Fruit Yoghurt
Drinks	Water/Fresh Orange or Apple Juice	Water/Milk	Water/Milk	Water/Milk	Water/Milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

Week's Commencing: 13/11/23, 4/12/23, 8/1/24, 29/1/24, 26/2/24, 18/3/24, 22/4/24