



## UPDATED: Pupil Absence during Covid-19: A Quick Reference Guide for Parents

### Key Symptoms of COVID-19

Fever (temperature of 37.8°C or higher) **and/or** new, continuous cough (coughing for more than 1 hour of three coughing episodes within 24 hours) **and/or** loss or change in normal sense of smell or taste (anosmia)

**Use NHS online symptom checker: [111.nhs.uk/covid-19](https://111.nhs.uk/covid-19)**

You must book a test if you have any of the symptoms, even if just one of them. If you need to book a test: [www.nhs.uk/coronavirus](https://www.nhs.uk/coronavirus) or call 119 if you do not have internet access.

**To report an absence/test result, please inform school on 01943 607852 or [office@allsaintsilkley.bradford.sch.uk](mailto:office@allsaintsilkley.bradford.sch.uk)**

What to do if.....	Action Needed	Return to school when...
<b>My child has one or more of the Covid-19 symptoms.</b>	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• Please contact school to inform us.</li> <li>• Self-isolate the whole household*.</li> <li>• Get a test.</li> <li>• Inform school immediately about the test result.</li> </ul>	The test comes back negative. The child can return to school if they no longer have symptoms.
<b>My child tests positive for Covid-19.</b>	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• Contact school to inform us.</li> <li>• Agree an earliest date for possible return. This will be a <b>minimum of 10 days</b> from the onset of symptoms</li> <li>• Self-isolate the whole household* for 14 days from the onset of symptoms</li> </ul>	They feel better. They can return after 10 days even if they still have a cough or loss of taste/smell. These symptoms can last for weeks.
<b>My child tests negative, and nobody else in the household* has symptoms</b>	<ul style="list-style-type: none"> <li>• Contact school to inform us.</li> <li>• Discuss when your child can come back (same day/next day/when they feel better).</li> </ul>	The test comes back negative.
<b>My child tests negative but still has Covid 19 symptoms</b>	<ul style="list-style-type: none"> <li>• Contact school to inform us. • If still presenting Covid 19 symptoms, parent/carer must contact 119 or 111 (NHS) to get the all clear</li> </ul>	Return to school if given all clear by NHS.

<p><b>My child is ill with symptoms not linked to Covid-19.</b></p>	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• Contact the school to inform us.</li> <li>• Ring on each day of illness.</li> </ul>	<p>Return to school when well. This should be after 48 hours if following the last bout of sickness or diarrhoea.</p>
<p><b>Someone in my household* has Covid-19 symptoms.</b></p>	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• Contact school to inform us.</li> <li>• Self-isolate the whole household*.</li> <li>• Household member to get a test.</li> <li>• Inform school immediately about test results.</li> </ul>	<p>The test comes back negative.</p>
<p><b>Someone in my household* tests positive for Covid-19.</b></p>	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• Contact school to inform us.</li> <li>• Agree an earliest date for possible return.</li> <li>• Self-isolate the whole household*. <b>Minimum of 14 days from when the household member started self-isolation</b></li> </ul>	<p>The child has completed 14 days of isolation and is symptom free.</p>
<p><b>Someone in my household* tests negative for Covid-19 but still has symptoms</b></p>	<ul style="list-style-type: none"> <li>• <b>Do not come to school</b></li> <li>• Parent/carer must contact 119 or 111 (NHS) to get all clear</li> </ul>	<p>Return to school if given all clear by NHS.</p>
<p><b>NHS test and trace has identified my child as a close contact of somebody with symptoms or confirmed Covid-19.</b></p>	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• Contact school to inform us.</li> <li>• Agree an earliest date for possible return.</li> </ul> <p><b>Minimum of 14 days.</b></p>	<p>The child has completed 14 days of isolation and is symptom free.</p>
<p><b>We/my child has travelled and has to self-isolate as a period of quarantine.</b></p>	<ul style="list-style-type: none"> <li>• Please do not take unauthorised leave in term time.</li> <li>• Consider quarantine requirements and FCO advice when booking travel.</li> </ul> <p><b>Returning from a destination where quarantine is needed:</b></p> <p>Agree an earliest date for possible return.</p> <p><b>Minimum of 14 days from return date.</b></p> <ul style="list-style-type: none"> <li>• Self-isolate the whole household.</li> </ul>	<p>The quarantine period of 14 days has been completed.</p>
<p><b>We have received medical advice that my child must resume shielding</b></p>	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• Contact school to inform us.</li> <li>• Shield until you are informed that restrictions are lifted and shielding is paused again.</li> </ul>	<p>School inform you that restrictions have been lifted and your child can return to school again.</p>

<p><b>My child's bubble is closed due to a Covid-19 outbreak in school</b></p> <p><b>NB: There is a dedicated NHS advice team who will help determine which groups/year groups will need to self-isolate.</b></p>	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• If your child has been in contact with someone who has tested positive for Covid-19 they do not need to get a test unless instructed to do so by PHE or <b>they develop Covid-19 symptoms.</b></li> <li>• They must self-isolate for 14 days, even if they do not have any symptoms. Members of your household do not need to self isolate unless your child also develops symptoms.</li> </ul>	<p>School will inform you when the bubble will be reopened.</p>
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\*Household includes anyone in your support bubble if relevant.