

## WINTER MENU FOR WEEK 1 – 2018

★★★★★ TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Course</b>	<b>FUN DAY</b>		<b>ROAST DAY</b>		<b>PICNIC DAY</b>
<b>Main 1 (M1)</b> <i>Or</i>	Beef Lasagne	Chicken Korma with Mini Naan	Steak and Vegetable Pie (with optional Yorkshire Pudding) And gravy	Beef Stew and Dumpling with Crusty Bread	Pollock Fillet Goujons served in a tray
<b>Main 2 (M2)</b> (suitable for vegetarians) <i>and</i>	Quorn Dippers with Tomato Ketchup	Cheese and Tomato Puff	Roasted Root Vegetable Gratin (with optional Yorkshire Pudding)	Pasta Arrabiata	Vegan Nuggets served in a tray
<b>Carbohydrate</b>	Seasoned Twisters / Jacket Potatoes with optional margarine pat	Wholegrain Rice / Jacket Potatoes with optional margarine pat	Roast potatoes / Jacket Potatoes with optional margarine pat	Garlic & Herb Dough Ball / Jacket Potatoes with optional margarine pat	Skinny Fires / Jacket Potatoes with optional margarine pat
<b><i>Also, unrestricted bread (without butter) is available to all on a daily basis.</i></b>					
<b>Veg/Salad</b>	<i>All children to choose the vegetable OR a salad bowl, even if they say they don't like it. Having it on their plate is a good start!</i>				
<b>Vegetable</b> <i>or</i>	Baked Beans	Peas and Sweetcorn	Cauliflower and Broccoli	Carrot Batons	Pot of Peas
<b>Salad Bar</b> <i>(choose at least one)</i>	<b>FRESH SALAD BAR</b>				
<b>Dessert</b>	<i>All children are encouraged to choose fruit as well as a pudding (or yoghurt).</i>				
<b>Fruit bowl and</b>	Kiwi wedges	Mixed grapes	Banana half	Orange wedges	Raisin bap
<b>Pudding</b>	Crepes with Strawberries and Cocoa drizzle <b>OR</b> fruit yoghurt	Seasonal fruit crumble with Custard <b>OR</b> fruit yoghurt	Raspberry / Lemon / Chocolate Mousse Slice <b>OR</b> fruit yoghurt	Chocolate Sponge with Chocolate Sauce <b>OR</b> fruit yoghurt	Iced Finger <b>OR</b> fruit yoghurt
<b>Drinks</b>	Water/fresh orange of apple juice	Water/milk	Water/milk	Water/milk	Water/milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

**Week's Commencing: 29/10/18 \* 19/11/18 \* 10/12/18 \* 14/01/19 \* 04/02/19 \* 04/03/19 \* 25/03/19 \* 29/04/19**

## WINTER MENU FOR WEEK 2 – 2018

★★★★★ TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Main Course</b>	<b>FUN DAY</b>		<b>ROAST DAY</b>		<b>HOT BUFFET</b>
<b>Main 1 (M1)</b> <i>Or</i>	BBQ Chicken Fillet	Shepherd's Pie with Gravy	Thick Pork Sausage in a Yorkshire Pudding Boat and Gravy	Seaside Salmon Fillet	Assorted Buffet Selection: Tandoori Chicken, Assorted Quiche
<b>Main 2 (M2)</b> (suitable for vegetarians) <i>and</i>	BBQ Quorn Fillet	Cheese and Onion Roll	Vegetarian Sausage in a Yorkshire Pudding Boat and Gravy	Leek and Potato Soup with Crusty Bread	Indian Selection, Pizza, Cheese and Grapes, Spring Rolls, Cheese Straws
<b>Carbohydrate</b>	Hash Brown / Jacket Potatoes with optional margarine pat	Tri Colour Pasta Spirals / Jacket Potatoes with optional margarine pat	Mash Potatoes / Jacket Potatoes with optional margarine pat	Oven Chips / Jacket Potatoes with optional margarine pat	Wholemeal Bread Roll and margarine pat
<b><i>Also, unrestricted bread (without butter) is available to all on a daily basis.</i></b>					
<b>Veg/Salad</b>	<i>All children to choose the vegetable OR a salad bowl, even if they say they don't like it. Having it on their plate is a good start!</i>				
<b>Vegetable</b> <i>Or</i>	Baked Beans	Green Beans and Broccoli	Sliced Carrots and Peas	Sweetcorn	n/a
<b>Salad Bar</b> <i>(choose at least one)</i>	<b>FRESH SALAD BAR</b>				
<b>Dessert</b>	<i>All children are encouraged to choose fruit as well as a pudding (or yoghurt).</i>				
<b>Fruit Bowl and</b>	Orange and Apple Wedges	Mini Melon Wedge	Kiwi Wedges	Raisin Bap	Banana Half
<b>Pudding</b>	Assorted Frozen Yoghurts <b>OR</b> fruit yoghurt	Ginger Cake and Custard <b>OR</b> fruit yoghurt	Churros filled with Apple <b>OR</b> fruit yoghurt	Fresh Fruit Pot with Shortbread <b>OR</b> fruit yoghurt	Royal Icing Digestives <b>OR</b> fruit yoghurt
<b>Drinks</b>	Water/fresh orange or apple juice	Water/milk	Water/milk	Water/milk	Water/milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

**Week's Commencing: 05/11/18 \* 26/11/18 \* 17/12/18 \* 21/01/19 \* 11/02/19 \* 11/03/19 \* 01/04/19**

## WINTER MENU FOR WEEK 3 – 2018

★★★★★ TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Main Course</b>	<b>FUN DAY</b>		<b>ROAST DAY</b>	<b>BUILD A CONE</b>	
<b>Main 1 (M1)</b> <i>Or</i>	Ham and Pineapple Thin Crust Pizza	Chicken Fajitas with Salsa, Sour Cream, Cheese and Avocado toppings	Thick Sliced Turkey with Cranberry Sauce (with optional Yorkshire Pudding) And Gravy	Chilli, Chicken Curry, Tuna Mayo	Hotdog (Thick Pork Sausage) and Ketchup
<b>Main 2 (M2)</b> (suitable for vegetarians) <i>and</i>	Stuffed Crust Four Cheese Pizza	Quorn Steak Strips Fajitas with Salsa, Sour Cream, Cheese and Avocado toppings	Crunchy Vegetable Crumble (with optional Yorkshire Pudding)	Cheese, Cottage Cheese, Coleslaw	Hotdog (Quorn Sausage) and Tomato Ketchup
<b>Carbohydrate</b>	Oven Chips / Jacket Potatoes with optional margarine pat	Wrap / Taco Shell / Jacket Potatoes with optional margarine pat	Roast Potatoes / Jacket Potatoes with optional margarine pat	50/50 Rice / Jacket Potatoes with optional margarine pat	Mini Potato Puffs / Jacket Potatoes with optional margarine pat
<b><i>Also, unrestricted bread (without butter) is available to all on a daily basis.</i></b>					
<b>Veg/Salad</b>	<i>All children to choose the vegetable OR a salad bowl, even if they say they don't like it. Having it on their plate is a good start!</i>				
<b>Vegetable</b> <i>or</i>	Sweetcorn	Sliced Carrots and Peas	Mixed Mini Vegetables	Baked Beans	Corn on the Cob
<b>Salad Bar</b> <i>(choose at least one)</i>	<b>FRESH SALAD BAR</b>				
<b>Dessert</b>	<i>All children are encouraged to choose fruit as well as a pudding (or yoghurt).</i>				
<b>Fruit Bowl and</b>	Sliced Strawberries	Apple Half	Mixed Grapes	Pineapple Pieces	Apricot Bag
<b>Pudding</b>	Chocolate Icecream Sponge Roll <b>OR</b> Fruit yoghurt	Cornflake Tart and Custard <b>OR</b> Fruit yoghurt	Assorted Fruit Crumble Slice <b>OR</b> Fruit yoghurt	Jelly Cup with Fruit Bag <b>OR</b> Fruit yoghurt	Giant Oat and Raisin Cookie <b>OR</b> Fruit yoghurt
<b>Drinks</b>	Water/fresh orange or apple juice	Water/milk	Water/milk	Water/milk	Water/milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

**Week's Commencing: 12/11/18 \* 03/12/18 \* 07/01/19 \* 28/01/19 \* 25/02/19 \* 18/03/19 \* 08/04/19**