

WINTER MENU FOR WEEK 1 – 2017

★★★★★ TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	FUN DAY		ROAST DAY		PICNIC DAY
Main 1 (M1) <i>Or</i>	Pepperoni pizza	Meatballs in tomato sauce	Savoury minced beef crumble (with optional Yorkshire Pudding) and gravy	Chicken, leek and mushroom pie with crunchy hash brown topping	Salmon fishcake
Main 2 (M2) (suitable for vegetarians) <i>and</i>	Cheese and tomato pizza	Swiss style Quorn balls in tomato sauce	Macaroni cheese (with optional Yorkshire Pudding)	Parsnip and pumpkin soup with brown roll	Roasted butternut squash lasagne with crusty bread
Carbohydrate	Oven chips/jacket potatoes with optional margarine pat	Noodles/jacket potatoes with optional margarine pat	Roast potatoes/jacket potatoes with optional margarine pat	Rustic brown roll/jacket potatoes with optional margarine pat	Mashed potato/jacket potatoes with optional margarine pat
	Also, unrestricted bread (without butter) is available to all on a daily basis.				
Veg/Salad	<i>All children to choose the vegetable OR a salad bowl, even if they say they don't like it. Having it on their plate is a good start!</i>				
Vegetable <i>or</i>	Sweetcorn	Cauliflower and broccoli	Broad and green beans	Sliced carrots	Peas
Salad Bar <i>(choose at least one)</i>	FRESH SALAD BAR				
Dessert	<i>All children are encouraged to choose fruit as well as a pudding (or yoghurt).</i>				
Fruit bowl and	Mini melon	Apple and orange wedges	Mixed grape mini kebab	Peach pot	Banana half
Pudding	Assorted jelly pots with fruit bag OR Low fat fruit yoghurt	Raspberry cheesecake OR Low fat fruit yoghurt	Brandy snap basket with strawberries and whipped cream OR Low fat fruit yoghurt	Jam roly-poly with custard OR Low fat fruit yoghurt	Trio of mini desserts (brownie, flapjack, swiss roll) OR Low fat fruit yoghurt
Drinks	Water/fresh orange of apple juice	Water/milk	Water/milk	Water/milk	Water/milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

Week's Commencing: 31/10/17 * 20/11/17 * 11/12/17 * 15/1/18 * 5/2/18 * 5/3/18 * 26/3/18

WINTER MENU FOR WEEK 2 – 2017

★★★★★ TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	FUN DAY		ROAST DAY		PICNIC DAY
Main 1 (M1) <i>Or</i>	Jumbo cod fish finger with tomato ketchup	Moussaka (lamb)	Thick roast beef (with optional Yorkshire Pudding), gravy and horseradish sauce	Sweet and sour pork	Paprika chicken in a light creamy sauce with tagliatelle
Main 2 (M2) (suitable for vegetarians) <i>and</i>	Falafel burger	Cheese and onion lattice	Rumbledethumps (with optional Yorkshire Pudding)	Vegetable nuggets	Paprika Quorn strips in a light creamy sauce with tagliatelle
Carbohydrate	Oven chips/jacket potatoes with optional margarine pat	Sweet potato crisscuts/jacket potatoes with optional margarine pat	Roast potatoes/jacket potatoes with optional margarine pat	Boiled rice/jacket potatoes with optional margarine pat	Whole meal ciabatta/jacket potatoes with optional margarine pat
<i>Also, unrestricted bread (without butter) is available to all on a daily basis.</i>					
Veg/Salad	<i>All children to choose the vegetable OR a salad bowl, even if they say they don't like it. Having it on their plate is a good start!</i>				
Vegetable <i>or</i>	Peas	Baked beans	Diced swede and green beans	Sweetcorn	Carrot batons
Salad Bar <i>(choose at least one)</i>	FRESH SALAD BAR				
Dessert	<i>All children are encouraged to choose fruit as well as a pudding (or yoghurt).</i>				
Fruit Bowl and	Mixed grapes	Kiwi wedges	Strawberry pot	Orange wedges	Apricot bag
Pudding	Mini chocolate doughnuts OR Low fat fruit yoghurt	Mandarin sponge with cocoa drizzle and custard OR Low fat fruit yoghurt	Mince pie OR Low fat fruit yoghurt	Pear and blackberry cobbler with custard OR Low fat fruit yoghurt	Oat and raisin cookie OR Low fat fruit yoghurt
Drinks	Water/fresh orange or apple juice	Water/milk	Water/milk	Water/milk	Water/milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

Week's Commencing: 6/11/17 * 27/11/17 * 3/1/18 * 22/1/18 * 19/2/18 * 12/3/18 * 16/4/18

WINTER MENU FOR WEEK 3 – 2017

★★★★★ TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Main Course	FUN DAY		ROAST DAY		PICNIC DAY
Main 1 (M1) <i>Or</i>	Hotdog (thick pork sausage) with tomato ketchup	Stew and dumplings with mini multi-grain tin loaf	Thick roast turkey (with optional Yorkshire Pudding), gravy and cranberry sauce	Chilli, chicken curry or Tuna mayo	Tamarind fish curry (salmon) with basmati rice
Main 2 (M2) (suitable for vegetarians) <i>and</i>	Hotdog (vegetarian sausage) with tomato ketchup	Quorn dippers	Mixed bean and vegetable cobbler (with optional Yorkshire Pudding)	Cheese, cottage cheese or coleslaw	Cheese turnover
Carbohydrate	Mini hash brown/ rounds/jacket potatoes with optional margarine pat	Tricolor pasta spirals/jacket potatoes with optional margarine pat	Roast potatoes/jacket potatoes with optional margarine pat	Wholegrain rice/jacket potatoes with optional margarine pat	Fresh crusty bread/jacket potatoes with optional margarine pat
<i>Also, unrestricted bread (without butter) is available to all on a daily basis.</i>					
Veg/Salad	<i>All children to choose the vegetable OR a salad bowl, even if they say they don't like it. Having it on their plate is a good start!</i>				
Vegetable <i>or</i>	Sweetcorn	Peas and broccoli	Sliced carrots and sprouts	Baked beans	Mixed mini vegetables
Salad Bar <i>(choose at least one)</i>	FRESH SALAD BAR				
Dessert	<i>All children are encouraged to choose fruit as well as a pudding (or yoghurt).</i>				
Fruit Bowl and	Mixed fresh fruit	Apple half	Pineapple pot	Banana stick	Raisin and sultana bag
Pudding	Assorted Angel Delight pots with fruit bag OR Low fat fruit yoghurt	Chocolate sponge with chocolate sauce OR Low fat fruit yoghurt	Apple oaty crumble with cream OR Low fat fruit yoghurt	Fruit kebab with mini doughnut OR Low fat fruit yoghurt	Coconut cake OR Low fat fruit yoghurt
Drinks	Water/fresh orange or apple juice	Water/milk	Water/milk	Water/milk	Water/milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

Week's Commencing: 13/11/17 * 4/12/17 * 8/1/18 * 29/1/18 * 26/2/18 * 19/3/18 * 23/4/18