



All Saints' C of E Primary School

Headteacher: Mrs M Robinson
Easby Drive, Ilkley, West Yorkshire, LS29 9BE
Tel: (01943) 607852. Fax: (01943) 432074
Email: office@allsaintsilkeley.bradford.sch.uk
Website: www.allsaintsilkeley.bradford.sch.uk

SUMMER MENU 2015

Dear Parents / Carers,

Please find below our new Summer Menu 2015.

Thank you for your ideas and feedback. Together with the food council we have created another great menu.

The usual favourites remain and of course we see the return of Picnic Day, an opportunity for children to dine outside which they love. Let's hope for another good summer. To avoid upsetting Foundation children we will continue to supervise their Picnic Day in the Dining Hall. They will be permitted outside when we return in September.

Points of interest regarding the menus include:

1. Menus conform to the new Food Based Standards.
2. Menu start dates have been included for your reference.
3. Our children love curries so in order to provide more variety I haven't specified the curry 'type' and instead have called it Curry of the Day (see Menu Week 1 – Thursday). This allows me to serve a variety over the course of the summer. For children with a milder palate Veggie Nuggets will provide an equally tasty alternative.
4. Salmon Seadog (see Menu Week 2 – Thursday) should be interesting. This is breaded salmon that will be served in a hotdog roll with ketchup. They are delicious!
5. 18 new dishes have been added to the menu.

Menus for children with allergies will follow shortly.

Parent lunch invites will be circulated next half term - an opportunity for you to also enjoy our menu. Look out for yours.

Thank you for your continued support and enjoy!

Yours sincerely

Julie McCluskey
Catering Manager

SUMMER MENU FOR WEEK 1 – 2015

★★★★★ TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	FUN DAY		ROAST DAY		PICNIC DAY
Main 1 (M1) <i>or</i>	Fish Fingers with tomato ketchup	Roast Gammon Rissoto	Roast Beef and horseradish sauce, (with optional Yorkshire Pudding) and gravy	Chicken Curry of the Day with garlic and coriander naan and mint dip	Beef, Ham, Turkey and mini pizza
Main 2 (M2) (suitable for vegetarians) <i>and</i>	Mac and Cheese Burger	Dinosaur Pasta (in spinach and cheese sauce)	Crunchy vegetable crumble (with optional Yorkshire Pudding)	Veggie Nuggets	Egg mayo, Tuna mayo, Cheese, Smoked Salmon and cream cheese <u>and</u> mini pizza
Carbohydrate	Mini Potato Waffles / Jacket Potatoes with optional margarine pat	Fresh Crusty Bread / Jacket Potatoes with optional margarine pat	Roast Potatoes / Jacket Potatoes with optional margarine pat	50/50 Rice / Jacket Potatoes with optional margarine pat	Assorted Sandwiches, wraps, bagels, mini soft rolls
Also, unrestricted bread (without butter) is available to all on a daily basis.					
Veg/Salad	<i>All children to choose the vegetable OR a salad bowl, even if they say they don't like it. Having it on their plate is a good start!</i>				
Vegetable <i>or</i>	Baked Beans (reduced salt)	Peas and Sweetcorn	Broccoli and sliced leeks	Sliced Carrots	Not Applicable
Salad Bar <i>(choose at least one)</i>	FRESH SALAD BAR				
Dessert	<i>All children are encouraged to choose fruit as well as a pudding (or yoghurt).</i>				
Fruit	Orange Wedges	Mixed Grapes	Raisins and Sultana Bag	Strawberries	Apple Half
Pudding	Chocolate Orange Brownie OR Low fat fruit yoghurt	Eton Mess with Mixed Berries OR Low fat fruit yoghurt	Puff Pastry Apple and Raspberry Tart OR Low fat fruit yoghurt	Mandarin Sponge with Chocolate Drizzle and Custard OR Low fat fruit yoghurt	Assorted Iced Doughnuts OR Low fat fruit yoghurt
Drinks	Milk/Water/Fresh Orange or Apple Juice	Water/Milk	Water/Milk	Water/Milk	Water/Milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

Week's Commencing: 04/05/2015 * 01/06/2015 * 22/06/2015 * 13/07/2015 * 01/09/2015 * 21/09/2015 * 12/10/2015

SUMMER MENU FOR WEEK 2 – 2015

★★★★★ TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	FUN DAY		ROAST DAY		PICNIC DAY
Main 1 (M1) <i>or</i>	Bacon Slice with tomato ketchup	Sticky Honey Chicken in a Warm Pitta Pocket with Coleslaw	Thick Pork Sausage (with optional Yorkshire Pudding) and gravy	Salmon Seadog with tomato ketchup (fish hotdog)	Beef, Ham, Turkey <u>and</u> mini sausage roll
Main 2 (M2) (suitable for vegetarians) <i>and</i>	Chilli Cheese Nuggets with tomato ketchup	Vegetable Curry with Naan Bread	Cheese and Broccoli Quiche (with optional Yorkshire Pudding)	Soup of the Day with Dinner Roll	Egg mayo, Tuna mayo, Cheese, Smoked Salmon and cream cheese <u>and</u> cheese roll
Carbohydrate	Hash Brown / Jacket Potatoes with optional margarine pat	Wholegrain Rice / Jacket Potatoes with optional margarine pat	Roast Potatoes / Jacket Potatoes with optional margarine pat	Seasoned Potato Wedges / Jacket Potatoes with optional margarine pat	Assorted Sandwiches, wraps, bagels, mini soft rolls
Also, unrestricted bread (without butter) is available to all on a daily basis.					
Veg/Salad	<i>All children to choose the vegetable OR a salad bowl, even if they say they don't like it. Having it on their plate is a good start!</i>				
Vegetable <i>or</i>	Baked Beans (reduced salt)	Cauliflower and Broccoli	Diced Carrots and Peas	Sweetcorn	Not Applicable
Salad Bar <i>(choose at least one)</i>	FRESH SALAD BAR				
Dessert	<i>All children are encouraged to choose fruit as well as a pudding (or yoghurt).</i>				
Fruit	Banana Half	Pineapple Pot	Apricot Bag	Mango Slices	Mini Melon Wedge
Pudding	Jelly with Vanilla Ice-cream and wafer OR Low fat fruit yoghurt	Chocolate Sponge with Chocolate Sauce OR Low fat fruit yoghurt	Fresh Fruit Salad with Optional Cream OR Low fat fruit yoghurt	Raspberry Cheesecake OR Low fat fruit yoghurt	Assorted Biscuits OR Low fat fruit yoghurt
Drinks	Milk/Water/Fresh Orange or Apple Juice	Water/Milk	Water/Milk	Water/Milk	Water/Milk

V For children who are vegetarian, on these days grated cheese with jacket potato is available

Week's Commencing: 11/05/2015 * 08/06/2015 * 29/06/2015 * 07/09/2015 * 28/09/2015 * 19/10/2015

SUMMER MENU FOR WEEK 3 – 2015

★★★★★ TOP FOOD HYGIENE RATING SCORE of 5 – EXCELLENT

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course	FUN DAY		ROAST DAY		PICNIC DAY
Main 1 (M1) <i>or</i>	Deep Pan Cheese and Tomato Pizza with Tomato Ketchup	Chilli, Chicken Curry, Tuna Mayo	Roast Pork and Apple Sauce, (with optional Yorkshire Pudding) and gravy	Mexican Chicken Fajita with sour cream and salsa	Beef, Ham, Turkey <u>and</u> Tortilla Bite
Main 2 (M2) (suitable for vegetarians) <i>and</i>	Fish and Creamy Leek Pie with a Filo topping	Cheese, Cottage Cheese, Coleslaw	Macaroni Cheese (with optional Yorkshire Pudding)	Bean Dippers	Egg mayo, Tuna mayo, Cheese, Smoked Salmon and cream cheese <u>and</u> Tortilla Bite
Carbohydrate	Curly Fries / Jacket Potatoes with optional margarine pat	50/50 Boiled Rice / Jacket Potatoes with optional margarine pat	New Potatoes / Jacket Potatoes with optional margarine pat	Wrap / Taco / Jacket Potatoes with optional margarine pat	Assorted Sandwiches, wraps, bagels, mini soft rolls
Also, unrestricted bread (without butter) is available to all on a daily basis.					
Veg/Salad	<i>All children to choose the vegetable OR a salad bowl, even if they say they don't like it. Having it on their plate is a good start!</i>				
Vegetable <i>or</i>	Sweetcorn	Baked Beans (Reduced Salt)	Cauliflower and Green Beans	Carrot Batons and Broccoli	Not Applicable
Salad Bar <i>(choose at least one)</i>	FRESH SALAD BAR				
Dessert	<i>All children are encouraged to choose fruit as well as a pudding (or yoghurt).</i>				
Fruit	Mixed Grapes	Kiwi Wedges	Peach Pot	Sliced Strawberries	Banana Half
Pudding	Assorted Angel Delight with Fresh Strawberries OR Low fat fruit yoghurt	Pear and Raspberry Crumble with Custard OR Low fat fruit yoghurt	Chocolate Swiss Roll OR Low fat fruit yoghurt	Rice Pudding with Peaches OR Low fat fruit yoghurt	Oat and Raisin Cookie OR Low fat fruit yoghurt
Drinks	Milk/Water/Fresh Orange or Apple Juice	Water/Milk	Water/Milk	Water/Milk	Water/Milk

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Week's Commencing: 18/05/2015 * 15/06/2015 * 06/07/2015 * 14/09/2015 * 05/10/2015